

## Participants

## Fee

|                       |                      |
|-----------------------|----------------------|
| Until 30th of March   | 750 kuna / 100 euros |
| After 1st of April    | 950 kuna / 130 euros |
| Residents             | 450 kuna / 60 euros  |
| Personal accompanient | 450 kuna / 60 euros  |
| Sponsor staff         | 750 kuna / 100 euros |
| On the arrival        | 950 kuna / 130 euros |

## Hotel accommodation

### Conference package 28.-30.03. 2014.

|                    |          |                        |
|--------------------|----------|------------------------|
| Hotel Riviera **** | Room 1/1 | 1 607 kuna / 210 euros |
| Hotel Riviera****  | Room 1/2 | 1 307 kuna / 170 euros |

### Conference package 28.-29.03. 2014.

|                    |          |                        |
|--------------------|----------|------------------------|
| Hotel Riviera **** | Room 1/1 | 1 180 kuna / 155 euros |
| Hotel Riviera****  | Room 1/2 | 1 030 kuna / 135 euros |

### Conference package 29.03. 2014.

|                   |         |                     |
|-------------------|---------|---------------------|
| Hotel Riviera**** | One day | 320 kuna / 42 euros |
|-------------------|---------|---------------------|

**Services:** Hotel, two coffee breaks, dinner 28.03., lunch 29.03., gala dinner 29.03., halls and technics, handling fee.  
Prices are listed per person.

## Technical organizer

Medevent d.o.o.

Laginjina 9

10000 Zagreb

ID KOD HR-AB-01-080779238

TEL + 385 1 4921 779

FAX + 385 1 5802 119

EMAIL: marketing@medevent.hr

IBAN HR0524840081105962055

## President of CROS CMA

Robert Kolundžić  
Zagreb

## President of SOA SZD

Rihard Trebše  
Ankaran

## ORGANIZING COMMITTEE

### Project leader „À la Carte“

Damir Hudetz  
Zagreb

### Project Co -leader „À la Carte“

Simon Kovač  
Valdoltra

### Shoulder „À la Carte“ leader

Radovan Mihelić  
Lovran

### Shoulder „À la Carte“ Co - leader

Boris Poberaj  
Valdoltra

## MEMBERS OF THE SCIENTIFIC COMMITTEE

Nikola Čičak, Krapinske Toplice

Hrvoje Klobučar,  
Krapinske Toplice

Igor Borić, Zabok

Gordan Gulan, Lovran

Danijel Matek, Zagreb

Vladimir Seneković, Ljubljana

Oskar Zupanc, Ljubljana

Ladislav Kovačić, Ljubljana

Tomaž Bajec, Maribor

Franc Štefanič, Ljubljana

The course will be scored by the Croatian Medical Chamber (CMC)



CROATIAN MEDICAL ASSOCIATION

**Croatian  
orthopaedic  
society**



# SHOULDER



October / November 2014



February / March 2015



October / November 2015



March / April 2016



October / November 2016

# À la Carte

**Croatian  
Orthopaedic  
Society  
/  
Slovenian  
Orthopaedic  
Society**

**Poreč,  
March 28. – 30. 2014.  
Valamar Riviera Hotel  
– Villa Polesini**

[www.ortopedija.hr](http://www.ortopedija.hr)

## Shoulder „À LA CARTE“

### INTRODUCTION

Dear friends,

After successful introduction with „Knee À la Carte“, we are preparing the next menu. This time we are cooking around the shoulder. In this area there are plenty of unanswered questions. Whether you face a top athlete or a forty year old woman, you might have a dilemma. Not always are the symptoms clear, in this field you can drift away into a thick forest and seek the sunshine. The patients interpret their symptoms in their own way which can sometimes pull you away from the road to solution.

In this symposium, we wish to present you a short basic knowledge, followed by experts who will share with you their experience and discuss the best treatment. This symposium is organized by Slovenian and Croatian Orthopaedic Society because we strongly believe that together we can better endorse orthopaedic knowledge. Welcome to „Shoulder À la Carte“, visit lovely Istria in the spring! Some good *Chefs* are waiting for you!

#### Radovan Mihelić

University Orthopaedic  
Clinic Lovran

#### Boris Poberaj

Orthopaedic Hospital  
Valdoltra

### PROGRAM

#### Friday March 28th 2014

16:00-19:00 **Arrival and check-in**

20:00 **Faculty Dinner**

#### Saturday March 29th 2014

09:00 – 09:10 Introduction, Radovan Mihelić, Croatia

*Chairmen: Radovan Mihelić, Boris Poberaj*

09:10 – 09:25 Functional anatomy, Nikola Matejčić, Croatia

09:25 – 09:40 Clinical examination, Tomaž Bajec, Slovenia

09:40 – 09:55 Imaging of the shoulder, Igor Borić, Croatia

09:55 – 10:15 MR imaging in correlation to surgery, Manos Antonogiannakis, Greece

10:15 – 10:25 Discussion

10:25 – 10:40 **Coffee break**

*Chairmen: Hrvoje Klobučar, Oskar Zupanc*

10:40 – 10:55 Shoulder arthroscopy: portals, Radovan Mihelić, Croatia

10:55 – 11:10 Impingement syndrome, Gordan Gulan, Croatia

11:10 – 11:25 Rotator cuff tears, Nikola Čičak, Croatia

11:25 – 11:40 Subscapularis and biceps lesions, Boris Poberaj, Slovenia

11:40 – 11:50 Discussion

11:50 – 12:00 **Break**

*Chairmen: Damir Hudetz, Tomaž Bajec*

12:00 – 12:15 Shoulder instability and treatment options, Daniel Matek, Croatia

12:15-12:30 Treatment of shoulder labral lesions at elite athletes, Tahsin Beyzadeoglu, Turkey

12:30 – 12:45 Posttraumatic and genuine frozen shoulder, Hrvoje Klobučar, Croatia

12:45 – 13:00 Reverse shoulder system, Enrico Gervasi, Italy

13:00 – 13:10 Discussion

13:10 – 14:10 Workshop

14:10 – 15:10 **Lunch**

*Chairmen: Vladimir Senekovič, Gordan Gulan*

15:10 – 15:25 A/C joint instability, Ladislav Kovačič, Slovenia

15:25 – 15:40 Proximal humerus fractures, Srečko Sabalić, Croatia

15:40 – 15:55 Clavicle and scapula fractures, Mario Starešinić, Croatia

15:55 – 16:10 Primary shoulder replacement, Rihard Trebše, Slovenia

16:10 – 16:20 Discussion

16:20 – 16:30 **Coffee break**

*Round table - Chairmen: Nikola Čičak, Radovan Mihelić, Boris Poberaj, Franc Štefanič*

16:30 – 16:50 Mini battle: Open or arthroscopic rotator cuff repair, Boris Poberaj / Franc Štefanič

16:50 – 17:10 Mini battle: Open or arthroscopic bankart repair, Nikola Čičak / Radovan Mihelić

17:10 - 17:30 Difficult cases: Nikola Čičak – Boris Poberaj – Radovan Mihelić – Boris Lah

17:30 – 17:35 Innovation corner: Video rehabilitation - novel perspective, Saša Baščevan, Croatia

17:40 – 18:00 Final conclusions and meeting closure

20:00 Dinner